

# Mentor Equipment List

If in doubt, it is better to over-pack rather than under-pack. Old clothes are ideal. A complete change of clothing is recommended for each day, since students will be outdoors and active. Great Basin temperatures can vary from warm days to very cold nights. If you don't have, and can't borrow or buy, these items, please let your teacher know, as GBOS has limited quantities of some items to loan.

**Please mark all items with your name! Come to school with equipment packed in a small, easily carried bag. Dress in pants, an additional layer and closed-toed shoes or boots.**

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## Required Items

### *Sleeping*

- Sleeping bag (or sheets and 2 blankets)**
- Pillow with pillow case

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### *Clothing*

- 1 rain poncho or rain jacket (waterproof)
- 1 sweater or sweatshirt
- 1 ball cap or other hat
- 1 warm jacket
- 2-3 T-shirts
- 1 pair of long pants
- 1 pair shorts
- 1 long-sleeved shirt
- 2-3 changes of underwear
- 2-3 pairs of socks
- 1 extra pair of close-toed shoes
- pajamas or change of clothing for sleep
- long underwear or sweatpants (not cotton)
- mittens or gloves
- wool hat or beanie

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### *Personal Gear*

- water bottle (any 32 oz [1 liter] plastic container, such as a plastic soda bottle)**
- lunch for the first day**
- sunscreen (30+, share)**
- daypack or book bag**
- sunglasses
- bath towel
- soap
- chapstick
- flashlight with batteries
- toothbrush and toothpaste
- garbage bag for wet and dirty clothes
- plastic mug for tea or coffee

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## Mentor Items

- watch**
- travel alarm clock
- musical instruments
- homework
- books with short stories or fables for children

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## Optional Items

- hand towel and wash cloth
- comb or hair brush
- shampoo
- shower sandals
- tissues
- bandana
- camera and film (or disposable)
- notebook or journal, writing paper
- binoculars
- natural history study tools
- insect repellent (no spray preferred)

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## Prohibited Items

Candy, gum, food (except first lunch), electronic games or devices, cell phones, money, knives, and illegal substances. You may bring a small amount of snack food and drinks, which will be stored away from sleeping areas, for use on your brief breaks when you are not with the students. Keep it healthy!